

# THE 6-DAY MACHAME ROUTE

## MOUNT KILIMANJARO ITINERARY

### DAY 1

#### MACHAME GATE TO MACHAME CAMP

- Elevation: 1,800m to 3,000m
- Distance: 11km
- Time: 5-7 hours
- Summary: The trek starts at Machame Gate, leading you through the dense rainforest to Machame Camp.

### DAY 2

#### MACHAME CAMP TO SHIRA CAVE CAMP

- Elevation: 3,000m to 3,850m
- Distance: 9km
- Time: 4-6 hours
- Summary: The trail leaves the rainforest behind and continues up a steep ridge into the moorland, with fantastic views of Kibo and the Western Breach. You'll camp at Shira Cave Camp.

### DAY 3

#### SHIRA CAVE CAMP TO LAVA TOWER TO BARRANCO CAMP

- Elevation: 3,850m to 4,600m to 3,950m
- Distance: 15km
- Time: 5-7 hours
- Summary: This is a crucial day for acclimatization. You ascend to the base of Lava Tower (4,600m) and then descend to Barranco Camp. The altitude gain and immediate descent help your body prepare for the summit.

### DAY 4

#### BARRANCO CAMP TO BARAFU CAMP

- Elevation: 3,950m to 4,600m
- Distance: 9km
- Time: 6-8 hours
- Summary: This day starts with the famous "Barranco Wall," a challenging but fun scramble. After the wall, you'll hike through the Karanga Valley to Barafu Camp, which will serve as your base camp for the summit push.

### DAY 5

#### SUMMIT DAY (BARAFU CAMP TO UHURU PEAK TO MWEKA CAMP)

- Elevation: 4,600m to 5,895m to 3,100m
- Distance: 6km ascent, 13km descent
- Time: 7-8 hours ascent, 5-6 hours descent
- Summary: The summit climb begins around midnight, a very strenuous but rewarding experience. The descent is rapid, and you'll spend the night at Mweka Camp.

### DAY 6

#### MWEKA CAMP TO MWEKA GATE

- Elevation: 3,100m to 1,800m
- Distance: 10km
- Time: 3-4 hours
- Summary: The final descent is a beautiful walk through the forest to Mweka Gate, where you will receive your well-earned summit certificates.

SUMMIT WE GO